

Jeff Rutkowski- Class of 1995. Jeff earned 8 varsity letters in cross country and track and field. Jeff is a two time All State Cross Country runner (1992 and 94) and was the MHSAA Regional Champion in 1994. Jeff competed in four state finals competitions. He earned Most Valuable Runner award in '92, '93 and '94. He was also two time team captain and voted Most Inspirational in 1994. In track, Jeff's team earned the first ever class A Regional Team Champions. Jeff earned Most Valuable in 1995. He won the 4x800 relay, 1600m (4:23.2) and 800m conference titles in 1995. Coach Ceresa state, "Jeff was a workhorse, never afraid of a challenge." Jeff went on to compete at Western Michigan University. Jeff resides in Goodyear, Arizona with his wife Tara and their three children, Abby, and Carson (twins) and Dalton.

